

## **Myers Briggs Type Inventory Session FAQs**

**When & Where?** As part of orientation on Saturday, August 15, 11:30-12:15, Room 103.

**What?** We are requesting that all incoming 1Ls take the Myers Briggs Type Inventory (MBTI) at orientation (*for free!*) This instrument, which is used internationally, has been translated into over two dozen languages, and is used on every continent, puts to practical use C.G. Jung's work on psychological types.

**Why?** To enhance your legal professional and career development. It does not measure skill, there are no "good" or "bad" results, and it does not attempt to predict behavior or success. Instead, it emphasizes understanding valuable differences between people. Knowing type helps you appreciate your strengths, gifts, and potential growth areas and also helps you understand and appreciate how and why others may differ from you. The goal is that knowing these differences can lead to more productive or constructive communication (think legal resumes, interviewing, client relations, juries, colleagues, law professors), relationships (personal, client, academic), time management (work, play, study), career choice, job search strategies, and more.

**Who?** The Career Services staff, who are trained and licensed to administer and interpret the MBTI, will share type results and verify those results through a follow-up program Saturday, September 19<sup>th</sup>. Students MUST attend the follow-up program to receive their results, as verification of type is integral to the validity of this instrument. All results will be confidential between the Career Services Office and each student, although students are encouraged to consider participating in application opportunities at the follow-up session and beyond.

**How will I use this?** Verification of a four-letter "type" is merely the gateway to a plethora of resources available on type. You may find this information helpful in attending our future programming, in one-on-one advising sessions with the CSO (in designing an optimal job search plan, for example), in fine-tuning law school study skills (though **the book *Juris Types, which gives fabulous advice tailored to each type on studying and taking law school exams***, for example), through individual research and application, and more.

**What if I have taken this before?** You are free to either take it again or to let the Career Services staff know your type (email us at [cso@hamline.edu](mailto:cso@hamline.edu)) so we can prepare materials for you for the September session. According to type theory, your type never changes, so there's no need to retake it from that standpoint. That said, we find that people who took it in high school or college, or under stressful circumstances, sometimes come up with different results now; it's important that we make sure you verify and "own" the type that best fits you (not just what is or has been indicated in the past by the instrument). Otherwise, the tailored information we'll share with you won't fit, which defeats the purpose!